

# RESUSCITATION (CPR)

## D

### DANGER

Check for hazards & ensure safety

## R

### RESPONSE

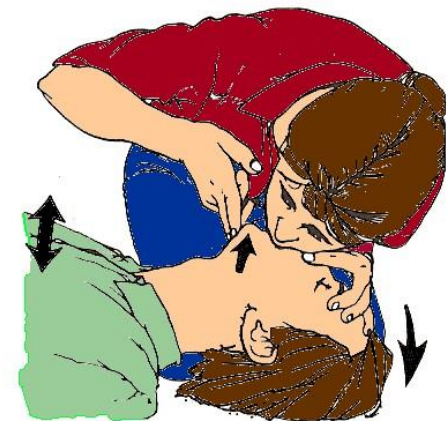
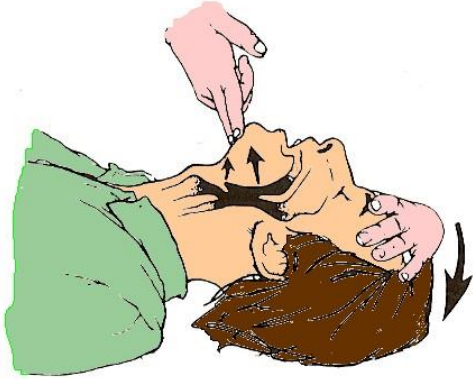
Check to see if Unresponsive/Unconscious

## S

### SEND FOR HELP

Call the ambulance on 000

## Adults & Children



A casualty who is unresponsive and not breathing normally needs urgent resuscitation

## A

### AIRWAY

Open airway, Head tilt/Chin Lift

## B

### BREATHING

Check breathing, if not breathing / abnormal breathing commence CPR

## C

### CPR

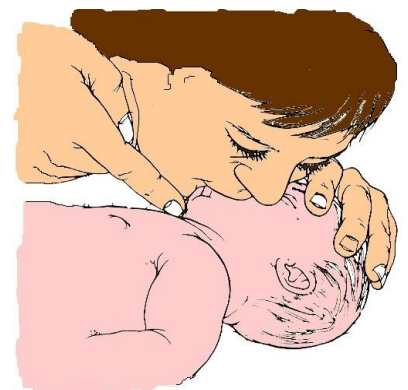
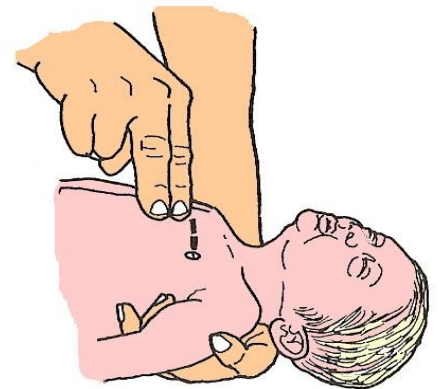
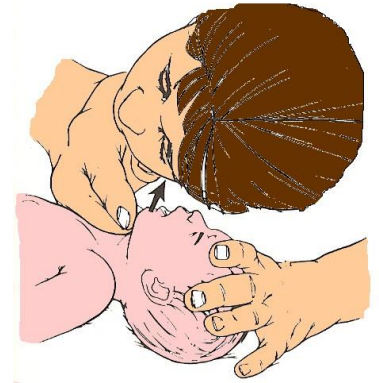
30 compressions : 2 breaths (if unwilling or unable to do breaths, consider doing chest compressions only)

## D

### DEFIBRILLATOR (AED)

Attach AED as soon as available and follow its prompts

## Infants Under 12 months



**Continue sequence until responsiveness or normal breathing returns, or help arrives**

	HEAD TILT	PRESSURE	DEPTH	BREATHS	RATIO	COMPRESSION RATE
<b>ADULTS &amp; CHILDREN</b>	Yes	2 Hands	$\frac{1}{3}$ chest depth (Approx 5 cm)	Full breaths	30 Compressions:2 Breaths	Compressions should be performed at the rate of almost 2 per second (i.e continuous rate of 100 per minute)
<b>INFANT (birth - 1 )</b>	No	2 Fingers	$\frac{1}{3}$ chest depth (Approx 4 cm)	Puffs	30 Compressions:2 Breaths	